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Internet and Video Gaming Addiction Solutions

Dear Parents,

**Do you have a child/teen whose life is controlled by the internet, video gaming and electronic communication?
Is he/she progressing towards addiction to gaming, surfing the internet, YouTube, texting?**

Clinical services

1. **Individual cognitive behavioral therapy** for children and teens manifesting symptoms of video game and internet addiction.
2. **Cyber porn and cyber-sex intervention for teens** (individual therapy, family therapy, group counseling, support groups, and 12 step groups modeled on Patrick Carnes's treatment paradigm for sex addiction).
3. **Solution focused family therapy** designed to address dynamics that may be contributing to cyber and videogame addiction.
4. **Three-hour parent training session** designed to teach skills to decrease cyber and videogame dependence/addiction.
5. **Ten hour intensive program** designed for parents who have a child or teen whose life has spiraled out of control due to cyber and videogame involvement.
6. **An eight week program that combines group and family therapy** for children and teens manifesting symptoms consistent with cyber and videogame addiction.

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